

IMPLEMENTATION OF CITIZENSHIP VALUES THROUGH HEALTH EDUCATION TO THE COMMUNITY IN RT.25

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ABSTRACT

The background of writing research is to discuss (1) the influence of health education on the community. (2) implementation of citizenship values, especially in the health sector in the community. Education is an effort to help the souls of students or students both physically and mentally, things that must be considered and practiced in education are realizing, realizing, and doing. Education must refer to harmony between intentions, words, and actions. Health education is something that can influence a person for the creation of a healthy life. Health education is one of the educational activities that can be carried out by spreading messages to the public so that people are aware, know, understand, want and can take actions related to health. The purpose of this study is to determine the effect of health education on the community and how the implementation of the Pancasila values of the community in the RT.25 environment affects health. Therefore, it is hoped that from this existing research it can be known what the effect of health on the community in the environment on the implementation of citizenship values and the impact and solutions of problems that may exist.

I. INTRODUCTION

From a variety of angles about the role and goals of education, it is evident that Indonesian education aims to develop a more capable and knowledgeable nation. Education is something that contributes to society's development since it enables people to change their cultures, produce employees, and develop a variety of social control mechanisms (Sujana, IWC 2019).

Early definitions of health put a lot of emphasis on the body's capacity to function, but health has changed over time. Health is viewed as a state of the body operating regularly, which can occasionally be interrupted by sickness. Health is described by the World Health Organization (WHO) as "physical, mental, and social well-being, and not only the absence of sickness and disability." the condition is becoming worse.

Health education is something that can influence a person the creation of a healthy life. Health education is one of the educational activities that can be carried out by spreading messages to the public so that people are aware, know, understand, want, and can take actions related to health (Sari, DP, & Ratnawati, D. 2020).

The major goal of health education is for individuals to be able to apply their own requirements and issues, understand what they can do to solve the issue using the resources at their disposal and outside assistance, and be able to choose the best course of action to raise their standards of healthy living. and public welfare (Mubarak, 2009).

The goal of health education, according to Health Law No. 23 of 1992 and the WHO, is to increase the community's capacity to maintain and improve health status, physically, mentally, and socially, so that they are economically and socially stable. Health education is included in all health programs, including those aimed at eradicating infectious diseases, environmental sanitation, community nutrition, health services, and other health programs (Mubarak, 2009).

So it is none other than the purpose of health education in fact so that humans gain knowledge and understanding of the importance of health in order to achieve healthy behavior so that they can improve the degree of physical, mental, and social health, and more importantly, become economically and socially productive human beings.

Knowledge is the result of human sensing or the result of someone knowing about an object through the senses it has so as to produce knowledge. Sensing occurs through senses, namely, the senses of hearing, sight, smell, feeling, and touch. Some human knowledge is obtained through the eyes and ears (Listiani 2015). Everyone has the knowledge, and everyone has a different level of knowledge. According (*Listiani, 2015*), outlines a person's level of knowledge including Know, Comprehensive, Application, Analysis, Synthesis, and Community Is one of the main elements in the establishment of a country.

In a prosperous country there are also prosperous people, to achieve this prosperity there are many factors that encourage and influence. One of them is the existing health factor in the community in the area. Health education in the community is very important because health education in Notoatmodjo (2003) is the application of the concept of education in the health sector in the form of educational practice.

The concept of health education was born from the assumption that social beings need the help of others in achieving the values of life in a society which in the process of achievement cannot be separated from learning. The process of health education aims to make people experience changes from not knowing to know, from being unable to solve health problems to being able to solve problems (A. A. Suryaningsi, 2021).

To materialize an idea, implementation is essential. To attain the objective, one must put the notion into practice. There are no restrictions on the process of implementation, which is used in many different fields. Implementation is the application or implementation, according to the Big Indonesian Dictionary. The creation of a functioning system from a specified design is another definition of implementation. An idea must be put into action through a number of steps. A strategic plan's implementation is just as crucial as its formulation, if not more so (Sendari, Anugrah Ayu. 2021).

The English verb "to implement" implies to implement, which is where the word "implementation" originates. Implementation is a serious activity that is planned, carried out, and also makes reference to particular norms in order to accomplish the activity's goals. To attain the objective, one must put the notion into practice. The process of implementation is used in a wide range of sectors, including those of education, society, politics, technology, health, and information, among many others.

Implementation has a fairly broad understanding in various fields. To achieve a goal, at least you need to know basic things such as the definition of implementation and examples. Citizenship involves the following values. Fundamental values, namely Divinity, Faith, Humanity, Unity, Democracy, Justice, and Instrumental Values, namely the elaboration of fundamental values which are the elaboration of Laws, Government Regulations, Presidential Decrees, Regional Regulations, etc. (source: Mr. Moerdiono).

As the basis of the state, the values of the nation's character underlie all activities of the state government, both in the management of state government and in building

relations with other countries. The values of the nation's character in this case also become ethics for state administrators. As a part of their national identity, these principles are reflected in the attitudes and conduct of the Indonesian people in the affairs of their society, country, and state. For instance, how an Indonesian must act and act in unison as a member of society, how he must act and act in unison as a member of the country, and how he must act and act in unison as an Indonesian citizen.

Religion, honesty, tolerance, discipline, hard work, creativity, independence, democracy, curiosity, national spirit, love for the homeland, respect for achievement, friendly/communicative, love of peace, love of reading, social care, and responsibility were some of the values developed in the education of national character values (Astuti, Ayu. 2014).

From the values in civic life, the community is expected to be able to implement them in everyday life, especially in the health sector. Currently, Indonesia is also still in a state of the covid-19 pandemic, so in this condition of the covid-19 pandemic, the role of knowledge about health in the community is very important.

II. METHODS

This research was conducted in the neighborhood of RT.25, North Sangatta sub-district, East Kutai Regency. The approach or method used in this study is a questionnaire and observation. This is in connection with research conducted to dig deeper into the effect of health education on the community in the environment on the implementation of citizenship values. To collect data or responses, the researcher will carry out several stages, namely: determining the respondent or person who will be the subject of research, then preparing and making a questionnaire in connection with the matter to be studied, and collecting a number of articles or journals as material to assist observations.

III. RESULT

A person's life will of course always be closely related to values. The term value is used to indicate how useful it is for another thing or object. In other words, this value can be said to be valuable if it can have a positive or useful influence. In a word, value contains many things that are very valuable, so when we talk about the values of Pancasila, we are talking about the right and ideal things. It can be

concluded that value is a very positive thing that contains many things that are very influential for things that others do because the value of Pancasila is used by every citizen to serve as the foundation of the state, providing advantages and influence both in words and deeds in his life (S. Suryaningsi, 2016).

Pancasila, the foundation of the state, is the origin of all sources of legislation, whereas the hopes and ideals of the Indonesian nation serve as the philosophy of the state and serve as the foundation for its implementation. Indonesia is still experiencing the COVID-19 pandemic at the moment, hence in this situation, education on health is important.

Based on the results of research conducted in the RT.25 environment, information was obtained about the effect of health education on the community in the RT.25 environment on the implementation of citizenship values from several informants. The study gave several questions to the informants in the form of a questionnaire which was then responded to by the informants.

In submitting the first question to the informants, namely about their opinion about the influence of health education on the community and explaining how the influence of health education on the community. Informants respond that there are even very influential. This is because as we know, every human must experience what is called pain. That's why education is important to the community Because health education is one of the means and efforts to provide information or education about health to the community so as to increase knowledge which can ultimately change behavior to positive direction or support for health and also, of course, a step in improving public health status.

Health education is the process of assisting an individual or group in acting individually or collectively to make informed decisions about issues affecting their own and others' health in order to increase the community's capacity to maintain their health and not only commit themselves to improving knowledge, attitudes, and behavior but also to improve or enhance the environment (both physical and non-physical) in order to maintain and improve health with full capacity. In order to preserve and improve health, health education involves altering healthy living habits in individuals, groups, and communities based on self-awareness. The learning process in

physical education, sports, and health is where the process of altering student behavior in schools is obtained.

Many of us have been taught the importance of health since we stepped from elementary school to high school education. So that when we become adults, we can know which ones are useful for health and which ones can lower health. If we take it further, there are actually several purposes. Why is health education necessary? Among others: Achievement in changing individual, family, and community behavior, fostering and maintaining healthy behavior and a healthy environment, as well as an active role in efforts to achieve a high level of health optimal. The formation of healthy behavior in individuals, families, and communities that are appropriate to the concept of healthy living both physically, mentally, and socially can reduce numbers of pain and death. Here are also some sources from experts and institutions regarding the goals of health education, among others: According to WHO goals, Health education is to change the behavior of individuals and or society in the health sector (Effendy, 1997).

The main goal of health education is to empower people to apply problems and their own needs, understand what they can do to solve the issue using the resources at their disposal and outside assistance, and be able to choose the best course of action for enhancing their standard of living and contributing to the welfare of their community (Mubarak, 2009). The purpose of health education, according to Health Law No. 23 1992 and WHO, is to help the community maintain and improve health status, both physically, mentally, and socially, so that they are economically and socially stable. Health education is included in all health programs, including those for the eradication of infectious diseases, environmental sanitation, community nutrition, health services, and other health programs (Mubarak, 2009). It is therefore none else than

Then on to the next question that has been prepared on the questionnaire, namely: about how to implement the values of Pancasila, especially in the health section in the community or the environment around RT.25. the informants said by adhering to the health protocol guidelines that the government has established as a result of the COVID-19 epidemic. This forces us as a society to abide by current laws and follow the Pancasila values, particularly in the area of health. Since we are aware that many villagers still lack health insurance, it is necessary to distribute health

insurance assistance like BPJS and Jamkesmas fairly in order to create a prosperous and healthy society. productive individual on both an economic and social level.

In the next question, the researcher asks questions about what are the factors that cause people to get less education in the health sector. The response that the informant gave, namely the factors that: include influence on the environment, family, and education, then the factor of lack of socialization or education directly which makes the community still lay or do not understand about health education, especially in areas where minimal access is still adequate mobility and internet.

The informant responded that, in their opinion, the most effective way to get the general public to care more about their health was to educate them about the effects that poor health maintenance has on the body. This was the last question the researcher asked the informant regarding what method was thought to be effective to get the general public more interested in and concerned about health. If the community sees/knows the consequences of a lack of care health, this makes people more aware of existing diseases, more think about their health and conduct socialization, counseling, continue You can also participate in volunteering for health workers, and provide education through videos or videos through forums, especially now that it is the era of digitization.

IV. CONCLUSION

From the research conducted by researchers, it can be concluded that health education in the community is a very important thing and has an impact on people's lives, especially during the current COVID-19 pandemic. From the existing health education that has been obtained, it must also implement the existing civic values. There are also many things that must be done to provide knowledge or education about health to the public in various ways, so that any factors that cause people to lack or lack of education about health can be resolved properly.

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